



Overview

TRANS-CANADIAN ADVENTURE

Panorama

Tour Code - 8250

17 days Toronto to Vancouver

Ontario, Quebec, , Alberta, British Columbia

All inclusive prices starting at: \$2119

This 17-day, cross-country adventure begins in Toronto and ends in Vancouver. Being the largest city in Canada, Toronto hosts many spectacular sights. Enjoy a Maid of the Mist cruise with up-close views of Niagara Falls. Travel to Ottawa stopping at Gananoque for an included boat cruise through the many islands of St. Lawrence National Park. Travel East to the French Canadian Province of Quebec City and then further south to cosmopolitan Montreal where you board your flight to Calgary, Canada's cowboy capital. Enter Alberta and Banff National Park, the scenic heart of the Canadian Rockies. Then follow the Icefield Parkway to Jasper National Park and Lake Louise. Take a snowcoach ride on the Columbia Icefield. Via Sun Peaks, you'll travel to the Pacific Coast, sail across the Strait of Georgia, and through the Gulf Islands to Victoria, visiting Butchart Gardens. Catch the ferry to your final destination, Vancouver, where city sightseeing such as Stanley Park, Gastown, and Chinatown is abundant

Meals

Breakfast - 0

Lunch - 0

Dinner - 0

Standard Features

SIGHTSEEING: In Toronto, Ottawa, Quebec City, Montreal, Calgary, Victoria, Vancouver, and Calgary; shores of Lake Ontario; Maid of the Mist cruise; scenic cruise along the St. Lawrence River; Royal Canadian Mounted Police stables; Notre Dame Basilica; Columbia Icefield (Ice Explorer ride); Butchart Gardens and Stanley Park. Inside visits as shown in UPPERCASE in the tour description, including admission charges when applicable.

SCENIC HIGHLIGHTS: Niagara Falls, Kingston, Gananoque, St. Lawrence Islands National Park, Ottawa River and the Rideau Canal, Rideau Falls, Mount Royal, Olympic ski jump, Saddledome, Banff National Park, Lake Louise, Fraser River, Mount Robson, Thompson River Valley, Strait of Georgia, and the Gulf Islands.

GUIDES: Local Guide for city sightseeing in Ottawa, Quebec City, and Montreal; services of a professional Tour Director.

TRANSPORTATION: Ferry crossing to/from Vancouver Island; private, deluxe air-conditioned motorcoach while touring.

HOTELS: Twin-bedded rooms with private bath or shower, hotel taxes, service charges, and tips for baggage handling.

OPTIONALS: Customise your holiday experience with a range of convenient optional excursions.

Itinerary

TRANS-CANADIAN ADVENTURE

Day by Day

| Day | Description |
|-----|--|
| 1 | TORONTO. Enjoy time at leisure. Your Cosmos Tour Director in on hand this evening to answer any questions. |
| 2 | TORONTO. NIAGARA FALLS VISIT See Toronto's major landmarks today, including the CN Tower and the Skydome Stadium. Also today visit thundering Niagara Falls. View the falls from above, then embark the MAID OF THE MIST for a close up view from the river below the falls. NOTE: The operation of the Maid of the Mist cruise is subject to favourable weather and/or river conditions. Usually favourable conditions exist from May to the end of October. When unfavourable conditions exist, a walking tour through the scenic tunnels will be substituted. |
| 3 | TORONTO - KINGSTON - GANANOQUE - OTTAWA. Leave Ontario's capital and stop in Kingston, a city with an exciting history dating back more than 300 years. Proceed along the St. Lawrence River with splendid vistas of St. Lawrence Islands National Park. Travel this morning to Gananoque and on to Ivy Lea. Here, board your boat for a CRUISE that takes a scenic route through the many islands of St. Lawrence Islands National Park. Next, head to Ottawa, Canada's beautiful capital. |

- 4** **OTTAWA.**
This morning enjoy a sightseeing tour of this lovely city, pleasantly situated on the banks of the Ottawa River and the Rideau Canal. See the Canadian Mint, the embassy district, stately Parliament Hill and Rideau Falls. Suggestions for this afternoon include a visit to the magnificent Canadian Museum of Civilisation or the array of restaurants and shops at the lively Byward Market.
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- 5** **OTTAWA - QUEBEC CITY.**
Head east into the French-Canadian province of Quebec, where you'll notice a sudden change in language and tradition. Late afternoon arrival in historic Quebec City, the heart of French Canada and a UNESCO World Heritage Site.
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- 6** **QUEBEC CITY.**
Start the day with a guided tour of Canada's only walled city, crowned by the great turrets of the Chateau Frontenac. Within the walls is the Place d'Armes, the Laval Seminary, the star-plan Citadelle and ancient Place Royale. Also see the stone houses crowding the narrow streets of Lower Town by the St. Lawrence River and the historic Plains of Abraham where General Wolfe stormed the slopes.
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- 7** **QUEBEC CITY - MONTREAL.**
Head south and late this morning cosmopolitan Montreal comes into view. As you enter Montreal, one of the world's second-largest French-speaking cities, you'll see the canted tower of the Olympic Stadium. Major attractions on this afternoon's sightseeing tour include once walled Old Montreal, Notre Dame Church, and the Seminary of St. Sulpice, Mont Royal and modern Montreal. This evening be sure to try out one of the many sidewalk cafes specialising in French cuisine with a Canadian influence.
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- 8** **MONTREAL - CALGARY.**
Transfer to Montreal airport for your flight to Calgary, noted for its famous Stampede and past host of the Winter Olympics. Once known as Canada's "cowboy" capital, Calgary has now developed into an energy centre for oil and gas. Time on your own to explore the "heart of the new west". Perhaps visit the Calgary Zoo or shop the downtown corridor. NOTE: The air sector from Montreal to Calgary is not included in the holiday price. This air sector requires separate purchase and may be included on select international airfares.
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- 9** **CALGARY - BANFF.**
On this mornings sightseeing tour, see many of Calgary's attractions, including downtown, the Olympic Ski Jump, and the Saddledome. Afterward, head west through the foothills and into BANFF NATIONAL PARK, gateway to the majestic Canadian Rockies. On arrival, join the optional excursion to Sulphur Mountain for a thrilling gondola ride with spectacular views of mountain scenery and then picturesque Bow Falls.
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- 10** **BANFF.**
Banff is one of Canada's favourite year-round resorts, with summer activities such as hiking, boating, and fishing. With a free day, your Tour Director will suggest an optional helicopter ride high over the Canadian Rockies. Tonight consider an optional excursion to the theatre featuring Canadian cuisine and entertainment.
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- 11** **BANFF - LAKE LOUISE - JASPER.**
A day of scenic grandeur. First to Lake Louise: its cold turquoise waters are a perfect natural mirror reflecting the surrounding mountains and glaciers. Precipitous gorges, snowcapped mountain ranges and lakes of exquisite blues and greens come into view as the motorcoach scales two mountain passes on the journey north. Another highlight on today's agenda is a stop at the COLUMBIA ICEFIELD to experience the Ice Explorer, an all-terrain vehicle that travels on ice measuring 1,200 feet (365 meters) thick. Enjoy an orientation tour of Jasper townsite upon arrival. This afternoon, join an optional float trip down the historic Athabasca River.
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- 12** **JASPER - MOUNT ROBSON - KAMLOOPS.**
Join the optional trip to Maligne Lake this morning with a narrated cruise to Spirit Island. Then leave Jasper, following the Fraser River, to the base of spectacular Mount Robson, the highest peak in the Canadian Rockies. The Yellowhead Highway continues south along the mighty Thompson River with spectacular vistas of the Monashee Mountains. Tonight your Tour Director will have recommendations for optional activities and the best places to dine. Overnight in Kamloops.
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- 13** **SUN PEAKS - FERRY CROSSING - VICTORIA.**
As you travel through British Columbia's Coast Mountain Range to its majestic Pacific coastline, the vegetation changes from desert landscape to lush alpine forests. Board your afternoon ferry for the spectacular crossing to Vancouver Island. Sightseeing today includes world-famous BUTCHART GARDENS, the marine drive, Bastion

Square and Thunderbird Park with its unusual collection of totem poles. Note: Due to changes in the ferry schedule throughout the season, the visit to Butchart Gardens is planned during the morning of Day 15 on some departures.

14**VICTORIA.**

A full free day for independent sightseeing. Your Tour Director will suggest several optional excursions, including a whale-watching cruise, as well as offer advice on the best places to dine or shop.

15**VICTORIA - FERRY CROSSING - VANCOUVER.**

Board the ferry to the British Columbia mainland. Upon arrival it's a short drive to Vancouver, where city sightseeing includes Stanley Park, Gastown, Chinatown, and other landmarks.

16**VANCOUVER.**

Your Tour Director will have a wealth of suggestions for your day in Vancouver, including shopping and soaking up the flavours of Vancouver's diverse ethnic neighbourhoods.

17**VANCOUVER.**

The trip ends today with guests departing on individual schedules. Transfers to Vancouver International Airport are included.

Dates/Prices

NB: All prices listed are per person

APRIL 2010

| | Start Date | End Date | Availability | Twin Share | Single |
|---|-------------|------------|--------------|------------------|------------------|
|  | 22 Apr 2010 | 8 May 2010 | On Request | \$2119 US | \$3105 US |

MAY 2010

| | Start Date | End Date | Availability | Twin Share | Single |
|---|-------------|-------------|--------------|------------------|------------------|
| | 10 May 2010 | 26 May 2010 | On Request | \$2139 US | \$3125 US |
|  | 17 May 2010 | 2 Jun 2010 | On Request | \$2139 US | \$3125 US |
|  | 20 May 2010 | 5 Jun 2010 | Open | \$2139 US | \$3125 US |
|  | 31 May 2010 | 16 Jun 2010 | On Request | \$2309 US | \$3295 US |

JUNE 2010

| | Start Date | End Date | Availability | Twin Share | Single |
|---|-------------|-------------|--------------|------------------|------------------|
|  | 3 Jun 2010 | 19 Jun 2010 | On Request | \$2309 US | \$3295 US |
|  | 7 Jun 2010 | 23 Jun 2010 | Open | \$2309 US | \$3295 US |
| | 14 Jun 2010 | 30 Jun 2010 | On Request | \$2309 US | \$3295 US |
|  | 21 Jun 2010 | 7 Jul 2010 | Open | \$2309 US | \$3295 US |
|  | 24 Jun 2010 | 10 Jul 2010 | On Request | \$2309 US | \$3295 US |

JULY 2010

| | Start Date | End Date | Availability | Twin Share | Single |
|---|-------------|-------------|--------------|------------------|------------------|
| | 5 Jul 2010 | 21 Jul 2010 | Open | \$2309 US | \$3295 US |
| | 19 Jul 2010 | 4 Aug 2010 | Open | \$2309 US | \$3295 US |
|  | 22 Jul 2010 | 7 Aug 2010 | On Request | \$2309 US | \$3295 US |
| | 26 Jul 2010 | 11 Aug 2010 | Open | \$2309 US | \$3295 US |

AUGUST 2010

| | Start Date | End Date | Availability | Twin Share | Single |
|--|-------------|-------------|--------------|------------------|------------------|
| | 5 Aug 2010 | 21 Aug 2010 | On Request | \$2309 US | \$3295 US |
| | 12 Aug 2010 | 28 Aug 2010 | Open | \$2309 US | \$3295 US |

AUGUST 2010

| Start Date | End Date | Availability | Twin Share | Single |
|-------------|-------------|--------------|------------|-----------|
| 19 Aug 2010 | 4 Sep 2010 | Open | \$2309 US | \$3295 US |
| 26 Aug 2010 | 11 Sep 2010 | On Request | \$2309 US | \$3295 US |
| 30 Aug 2010 | 15 Sep 2010 | Open | \$2309 US | \$3295 US |

SEPTEMBER 2010

| Start Date | End Date | Availability | Twin Share | Single |
|-----------------------|-------------|--------------|------------|-----------|
| GD 2 Sep 2010 | 18 Sep 2010 | Open | \$2309 US | \$3295 US |
| 6 Sep 2010 | 22 Sep 2010 | Open | \$2309 US | \$3295 US |
| GD 9 Sep 2010 | 25 Sep 2010 | Open | \$2309 US | \$3295 US |
| GD 13 Sep 2010 | 29 Sep 2010 | Open | \$2309 US | \$3295 US |
| 16 Sep 2010 | 2 Oct 2010 | On Request | \$2309 US | \$3295 US |
| 20 Sep 2010 | 6 Oct 2010 | Open | \$2309 US | \$3295 US |
| GD 27 Sep 2010 | 13 Oct 2010 | On Request | \$2139 US | \$3125 US |

ACCOMMODATION PRICES

| Pre & Post Tour | City | Start Date | End Date | Single Price | Twin Price | Triple Price |
|-----------------|-----------|-------------|-------------|--------------|------------|--------------|
| PRE | Toronto | 1 Jan 2010 | 31 May 2010 | \$105 US | \$64 US | \$50 US |
| PRE | Toronto | 1 Jun 2010 | 30 Sep 2010 | \$112 US | \$67 US | \$52 US |
| PRE | Toronto | 1 Oct 2010 | 31 Dec 2010 | \$105 US | \$64 US | \$50 US |
| POST | Vancouver | 1 Jan 2010 | 14 May 2010 | \$113 US | \$68 US | \$53 US |
| POST | Vancouver | 15 May 2010 | 30 Sep 2010 | \$162 US | \$92 US | \$69 US |
| POST | Vancouver | 1 Oct 2010 | 31 Dec 2010 | \$113 US | \$68 US | \$53 US |

OPTIONAL CHARGES

| Type | Name | Price |
|----------|----------|---------|
| OPTIONAL | Gratuity | \$150US |

The tours departures marked **GD are guaranteed to operate.**

Furthermore, Cosmos guarantees most departures that are still in operation 45 days prior to the published departure date, and at such time will be displayed on this website. Throughout our peak period, 1 May to 15 October, Cosmos guarantee most departures that are still in operation 60 days prior to departure.

PLEASE NOTE: This guarantee does not apply in any situation where the safety of clients is at potential risk (any act of terrorism or war, political unrest, global health warnings or Force Majeure**, etc); or when the operation of a vacation is not possible for reasons beyond our control (such as industrial action/strikes and operational restrictions); to multiple coach departures (i.e. "A" coach) or late cancellation of group parties.

**Force Majeure: French for "act of God; an inevitable, unpredictable act of nature, not dependent on act of man. Used in insurance contracts to refer to acts of nature such as earthquakes or lightning."

*** Availability**

- **Open** - There is at least one seat available on this departure date and can be confirmed to you via your travel agent at the time of booking. Please note availability may be subject to change and is updated on this website at 24 hour intervals.
- **On Request** - All seats allocated to the Australasian market have been sold for tours that marked on request. However seats MAY still be available from another Cosmos office worldwide. These seats can be requested and normally take 2 business days after a booking has been made to be confirmed.

Optional Tours

To help plan your leisure time, as well as your pre-tour budgeting, here is a list of optional excursions that may be offered on this tour. Availability is subject to sufficient participation, weather conditions, seasonal suitability, group interests, and general feasibility for your tour. Please note prices may be based on the previous year and are subject to change. Full terms and conditions are contained in the important travel documents.

| Cost | Description |
|------------|---|
| 118 CAD | <p>Name: NIAGARA HELICOPTER SIGHTSEEING Location: NIAGARA FALLS Details: Take a thrilling eight-minute ride over the most famous falls in North America. You will be dazzled by the sights of the Rainbow Bridge, Horseshoe Falls, and Whirlpool Rapids. Bring your camera and it's up, up, and away!</p> |
| 79 CAD | <p>Name: TORONTO BY NIGHT Location: TORONTO Details: This evening enjoy dinner at the world's largest revolving restaurant, 115 stories above cosmopolitan Toronto. Following dinner, enjoy panoramic views from the observation decks. (SUBJECT TO AVAILABILITY)</p> |
| 50 CAD | <p>Name: QUEBEC BY NIGHT-AUBERGE DE TRESOR Location: QUEBEC CITY Details: The evening starts with a delightful dinner at an old-world restaurant in the heart of Quebec City. Then plenty of time to browse the shops in Upper and Lower Town. You'll also have a chance to take pictures of the Chateau Frontenac at night.</p> |
| 31 CAD | <p>Name: BANFF GONDOLA Location: BANFF Details: A scenic 8-minute Gondola ride will give you 360 panoramic views of Banff, the Bow Valley and the Rocky Mountains. Witness the breathtaking views in every direction or go up into the restaurant area where you can sit in comfort and still admire the view. Above the restaurant level is the upper observation deck for the best view yet! Afterwards, we'll visit thundering Bow Falls where plenty of great photo opportunities await you.</p> |
| 230 CAD | <p>Name: ROYAL CANADIAN HELICOPTER TOUR Location: BANFF Details: This 25-minute helicopter flight offers a magnificent overview of the Rocky Mountains and the Banff area. The Olympic Nordic Centre, Sundance Range, and Spray Lakes are just some of the highlights you will see. Additional helicopter excursions available; please consult your Tour Director.</p> |
| 62 CAD | <p>Name: OH CANADA EH?! DINNER SHOW Location: BANFF Details: Come join a fun-filled musical celebration of Canada, featuring totally Canadian music in a log cabin type building. During the show, costumed performers also serve a five course family style dinner. Everything about this award winning show is Canadian.</p> |
| 58 CAD | <p>Name: JASPER RAFT ON THE ATHABASCA RIVER Location: JASPER Details: Follow the route of the old fur traders while travelling down the Athabasca River in rubber rafts. The excursion is under the supervision of experienced guides who will also point out the natural and human history of the area. This is a moderate trip with a few easy sets of rapids (class II) and calm stretches; guides do all the rowing so you can sit back and enjoy the majestic scenery. A truly remarkable way to experience Jasper! (Subject to favourable weather and water conditions.)</p> |
| 55 CAD | <p>Name: MALIGNE LAKE CRUISE TO SPIRIT ISLAND Location: JASPER Details: A forty-five minute drive takes you to beautiful Maligne Lake. Enjoy the ninety-minute narrated cruise, with a brief stop at Spirit Island for photos of the magnificent mountains that surround you. Learn of the local history, geology, wildlife and glaciology of Maligne Lake and of Jasper National Park as some of the most spectacular scenery in the Rockies drift past your window. Note: subject to conditions on the lake, may not be available in April, May and October tours.</p> |
| 100 CAD | <p>Name: MARINE AND WILDLIFE WHALE WATCHING Location: VICTORIA Details: Whale watching is an experience many say they will never forget. Spend two to three hours cruising the</p> |

waters of the beautiful San Juan and Gulf islands, looking for whales, porpoises, seals, and eagles. A marine biologist will be on hand to answer all your questions. Bring your camera and your excitement because this will be a trip you will remember forever!

69

CAD

Name: CHINATOWN DINNER AND LANTERN WALK**Location:** VICTORIA

Details: A fascinating tour of Chinatown, one of the oldest in Canada. Your expert local guide will offer you the opportunity to learn about the "East meets West" portals. Themes range from Feng Shui and the Chinese Zodiac to Brave Pioneers and World Developments. Food sampling along the way with dinner in a first-class restaurant. Finally, at dusk you will be given lanterns and lead through the narrow alleys to Bastion Square. A very unique and memorable way to experience Victoria.

104

CAD

Name: VICTORIA PANORAMA**Location:** VICTORIA

Details: This half-hour flight is an ideal introduction to seaplane aviation and includes spectacular vistas of downtown Victoria, and the Strait of Juan de Fuca with the Olympic Mountains in the distance. Enjoy unique views of the buildings ringing the harbour and grand houses perched above the rugged coastline. The exhilarating spray of the water is always a highlight during take-off and landing.

105

CAD

Name: SUNSET DINNER CRUISE**Location:** VANCOUVER

Details: It's like dining in a restaurant which looks out onto all of Vancouver's finest views. Enjoy a 2.5 hour leisurely cruise past the downtown skyline, the cruise ship terminal of Canada Place, the Mountains behind the North Shore, the West Vancouver shoreline and more. Take in the sights and sounds of the city as you enjoy live music and delicious West Coast-themed cuisine. You'll have the best spot in Vancouver to watch the sun slowly disappear into the Pacific Ocean. (Includes transportation)

128

CAD

Name: GROUSE MOUNTAIN AND CAPILANO SUSPENSION BRIDGE**Location:** VANCOUVER

Details: Visit Vancouver's North Shore. Drive over Lion's Gate Bridge to world famous Capilano Suspension Bridge, one of Vancouver's most popular attractions. Capilano Suspension Bridge offers a unique mix of adventure, history and culture making this Vancouver tourist attraction a complete British Columbia experience. Afterwards, board the gondola up to the 4,000-foot level of Grouse Mountain, the peak of Vancouver. Take in a World Famous Lumberjack Show, visit orphaned grizzly bears and grey wolves, or enjoy a leisurely walk through the many trails. A full-day excursion.

119

CAD

Name: WHISTLER DAY TRIP**Location:** VANCOUVER

Details: Take the scenic Sea to Sky Highway with wonderful views of Howe Sound and the Gulf Islands. Make a stop at Shannon Falls. You'll have free time in Whistler to explore this world famous resort and host of the 2010 Olympics. There are restaurants, shops, galleries and plenty of other options to enjoy your day.

105

CAD

Name: VANCOUVER PANORAMA**Location:** VANCOUVER

Details: This ideal introduction to seaplane aviation departs from downtown Vancouver's bustling Coal Harbour and includes a complete aerial view of the city, including the spectacular new Olympic venues. The exhilarating spray of the water is always a highlight during take-off and landing.

Tour Map



